



COVID-19  
RESPONSE  
APPROVED

# Studio Health and Safety Protocols 2021

- Outside shoes should be removed on entry into the studio and grip socks should be worn during your session (no bare feet). If you don't have any grip socks they are available to purchase at the studio for £3.50 a pair.
- Please sanitise your hands both on arrival and before leaving the studio. There is a wall mounted 'no touch' hospital grade hand sanitizer in the front studio as well as a 'no touch' soap dispenser in the bathroom.
- You do not need to wear a face covering whilst taking part in sport and physical activity. However, you are welcome to wear a face covering during your session.
- Whilst teaching I will wear a face covering.
- The window will be kept open for ventilation.
- Clinell wipes are used to sanitise all equipment, props and touch points between client appointments. <https://gamahealthcare.com/products/universal-range>
- The water cooler will not be in use but complimentary bottles of water are available.
- If you are not feeling well; have a temperature, cough, loss or change in taste/smell or have been exposed to COVID-19 you must cancel your appointment and follow current government guidelines.

Many thanks for your support and understanding.